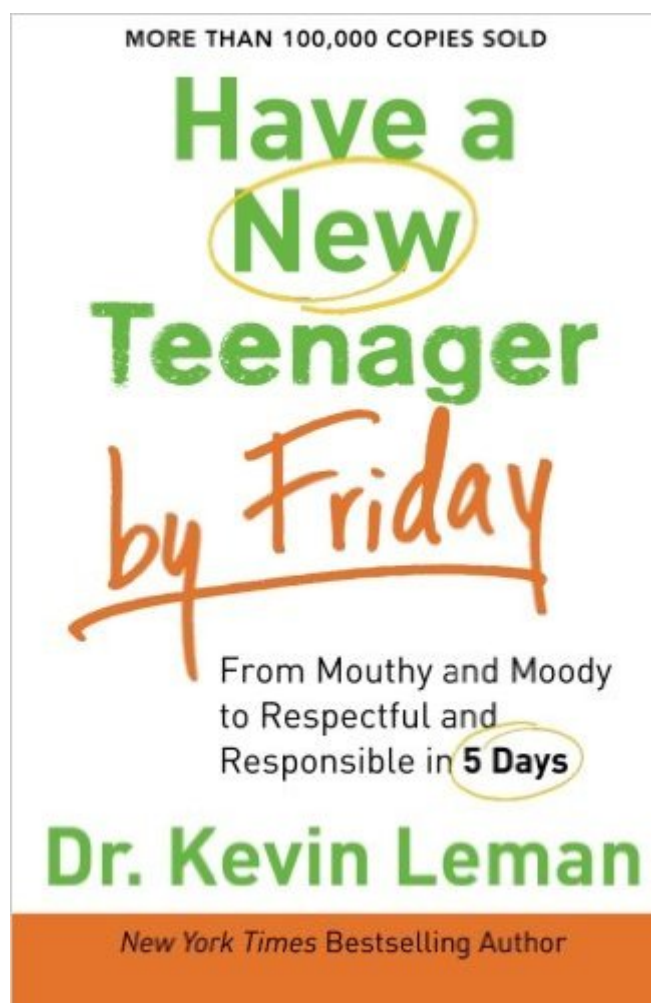


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Have A New Teenager By Friday: From Mouthy And Moody To Respectful And Responsible In 5 Days



Synopsis

Popular psychologist and bestselling author Dr. Kevin Leman shows parents how to establish boundaries, gain respect, and turn problem behaviors around with their teenager in five days.

Book Information

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Customer Reviews

First thing I did Sept 1st was to check my kindle and see if my new Leman book had downloaded as I had pre-ordered it. Love all the Leman books; always think its not so much about changing the kids, him or now teenagers, its more about changing me and my responses to them. This book is A+ practical, common sense. My favorite part is the A-Z questions/answers at the end. Quizzing my hubby and friends as to their response to the teenage boy who states "I'm going to drive a Porsche when I get a car"- most, like me responded..."well you better study hard, get a good job etc..." Not my Hubby, his response fell right in line with Dr. Leman's - "great, I'll be your driver and change the oil for you; will you let me take it for a spin some time ?" - no wonder the kids are more chatty with him... I'm as usual learning lots and you will too. Thanks for keeping it real Dr. Leman!!

My 11 year old daughter didn't want me to buy this book. You see, she knows! She knows that if I do, things will change. Click. Book purchased and delivering to my Kindle reading app. "You didn't!?", "I did! And you know what honey? Your days are numbers." She stormed out of the room and I started reading. Yes! Have a New Teenager by Friday is not a method that will transform your teenager. It is something that will transfer your entire family (including you.) Each chapter is divided by days (Monday through Friday.) You can really start on any day that you want and it might be very

likely that you will see a significant change before Friday. Dr. Leman concludes the book with a top 10 countdown to having a new teenager by Friday. My favorite part of the book is the "Ask Dr. Leman" section. In it, he discusses the 75 hottest topics parents have asked him. The index in the back is sorted by topic so that you can quickly refer back to the topic you want to focus in on. As I close, you need to understand. The book isn't designed to make your teenager miserable. On the contrary, your child (maybe even my child) might surprise you with a "Thank you!" Enjoy the book! It is a quick read with lasting impacts.

Read this one after borrowing the edition for younger children from a friend. Bought this because I have teenagers and was looking for more to relate directly to that age range. Found the book talks mostly about how the Dr. and his wife have done things right and have avoided having issues with their teenagers. It's clear that having teens with respect or responsibility issues can be due to too much leniency from parents when children are young, or lack of consistency - but this book gives no real direction once you figure that out and have a teen. Disappointed with this addition.

I have purchased maybe 6 books on teens in the past 1.5 yrs since my now 16 yr., 10 mo. old grandson came to live with me after losing his Mom. New Teenager by Friday by Kevin Leman takes a different approach to guidance, encouragement and development of teens. His straight talk, non-clinical chapters give us the 'parent' a Step 1, step 2, etc. guidelines for us to follow. Previously it was not 'cool' to be a 'friend' to your teen. In the '60's we were asked to be in a parent/child relationship. Dr. Leman follows an equal respect guideline for one another by giving the teen a voice in making decisions about everything from meals, behavior, curfew, current events, politics and sexual activity. That is to say by giving the teens a chance to be heard without having to listen to put-downs and criticism, they will develop a sense of power that previously had been undermined by the constant nagging, 'you shoulds' and power struggles. He claims that you will see improvements almost immediately. I have used his techniques and have seen major improvements in the past four weeks. You will continue to see little explosions from time to time (he says to expect that to happen) but that is normal in the hormone group. My teen remembers household jobs without reminders, he says 'when you have time, please give me a ride, he apologizes after losing his temper with being prompted, he thanks me for the smallest thing like purchasing a favorite food, a cooked meal, helping with a project. Most important message is to develop the ability to stop and think before you speak. It took a little practice to change the way I communicated with my teen but so far it is working and I look forward to improvements every day. Remember, listen to your teens

no matter how silly or boring they may be, listen to their music if invited to do so no matter how bad it is, avoid saying 'I'm too busy", avoid negative comments about their opinions. You, too, can have a new teen by Friday!

Another homerun for Dr. Leman. Thoughtful , insightful, and life changing for our 13 year old (and us too!). Just what we needed. This has been a hard age for us, so this book was truly an answer to prayer.

Just finished the book today..Dr. Leman is a wonderful writer and man he is funny. I couldnt put the book down. I started empling the suggestions in the book and am amazed. It does work! And let me tell you I have 2 very stubborn, hard headed teens. I was skeptical, of course, who wouldn't be? The changes aren't hard, well, maybe some are, at least for me, but I am sticking to it. I think this book is good for every parent. It puts things into perspective, and believe me you will notice some of your own faults, but I am glad I did. Now maybe I can reduce the stress level in my home. Thank You Dr. Leman!!!

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